



SS. Philip & James CYO

cyo.sspj.net



All SS. Philip & James Kids are Invited to Play in our CYO Program!

What is SS. Philip & James CYO?

A Parish competitive sports program for all the kids in our Parish **no matter** where they go to school!

Why SS. Philip & James CYO?

We focus on our kids athletic development by encouraging them to grow in their faith and use their Catholic values in a competitive sports program. We teach them that success is not measured just by the scoreboard, but by effort, team play, having fun and making long-lasting friendships.

What Can Your Kids Expect from our CYO Sports Program?

- 🐾 Learn to appreciate and share the gifts God has given them.
- 🐾 Coaching to do their best, improve their skills, and display moral values.
- 🐾 Playing in a healthy and enjoyable program where everyone gets to play and promote the sharing of gospel values among athletes, coaches and parents.
- 🐾 Organized league games, play offs and tournaments, with the local area parishes.
- 🐾 Sport offerings in the **Fall**, **Winter** & **Spring** seasons include:
 - 🐾 **Cross Country—Grades K-8**
 - 🐾 **Cheerleading—Grades 5-8**
 - 🐾 **Field Hockey—Grades 5-8**
 - 🐾 **Basketball—Grades 5-12**
 - 🐾 **Football—Grades 3-8**
 - 🐾 **Baseball—Grades 5-8**
 - 🐾 **Soccer—Grades 5-8**
 - 🐾 **Softball—Grades 5-8**
 - 🐾 **Volleyball—Grades 5-12**
 - 🐾 **Track & Field—Grades K-8**
- 🐾 Skills-based clinics for kids in Grades 1-4.
- 🐾 Giving back to the community by participating in team service projects.
- 🐾 **And** most importantly events that bring our Parish together like CYO mass, pizza socials and more to promote Parish unity.

Visit cyo.sspj.net and learn how CYO can be a right fit for your family. Email cyo@sspjparish.net with questions.

Sports	Open To	Grades	Season	Registration	Practices/Games Commitment
FALL					
Cross Country	Boys/Girls	K-8	Sept-Nov	May/June	2X weekday evenings & Sun PM
Field Hockey	Girls	5-8	Sept-Nov	May/June	2X weekday evenings & Sat AM
Soccer	Boys/Girls	5-8	Sept-Nov	May/June	2X weekday evenings & Sat AM
Volleyball	Girls	5-8	Sept-Nov	May/June	2X weekday evenings; V—Fri PM & JV—Sun PM
Football	Boys	5-8	Sept-Nov	May/June	Joined with area Catholic Schools
WINTER					
Basketball	Boys/Girls	5-8	Dec-March	October	Tryouts then team placement—Region/Parish 2X weekday evenings and various for games
Basketball	Boys/Girls	9-12	Dec-March	October	1X week
Cheerleading	Girls	4-8	Dec-March	May/June	2x weekday evenings & Varsity Home Games
Basketball Clinic	Boys/Girls	1-4	Jan-Feb	Dec	1X on Sat evenings
SPRING					
Baseball	Boys	5-8	April-June	Feb/Mar	2X weekday evenings and Sat AM
Softball	Girls	5-8	April-June	Feb/Mar	2X weekday evenings and Sat AM
Track & Field	Boys/Girls	K-8	April-June	Feb/Mar	2X weekday evenings and Sat or Sun PM
Volleyball	Boys/Girls	9-12	April-June	Mar	1X weekday evenings